

Begin 2012 in good health!

**We would like to share and spread our
enthusiasm for healthy living!**



- **40% DISCOUNT ON WEIGHT LOSS PLAN!**

This exclusive plan at Sherwood consists of specialist dietetic consultations and diet plans and two exercise sessions per week.

- **30% DISCOUNT ON PILATES**

OFFERS VALID AT SHERWOOD HARROW CLINIC

T & C:

Cannot be used in conjunction with other offers/vouchers

Offer expires 31st January 2012.

The Sherwood clinic holds the right to alter the offer anytime.