



Your personal invitation to continue 2012 in good health! We would like to share and spread our enthusiasm for healthy living!

- **40% DISCOUNT ON WEIGHT LOSS PLAN!**

This exclusive plan at Sherwood consists of specialist dietetic consultations and diet plans and two exercise sessions per week.

- **30% DISCOUNT ON PILATES & YOGA**

- **20% DISCOUNT ON ALL MASSAGES**

OFFERS VALID AT SHERWOOD HARROW CLINIC

T & C: Cannot be used in conjunction with other offers/vouchers

Offer expires 29TH February 2012.

The Sherwood clinic holds the right to alter the offer anytime.